

# SMOKING WITH DIABETES

Things you don't want to miss:

Birthdays

Weddings

Holidays

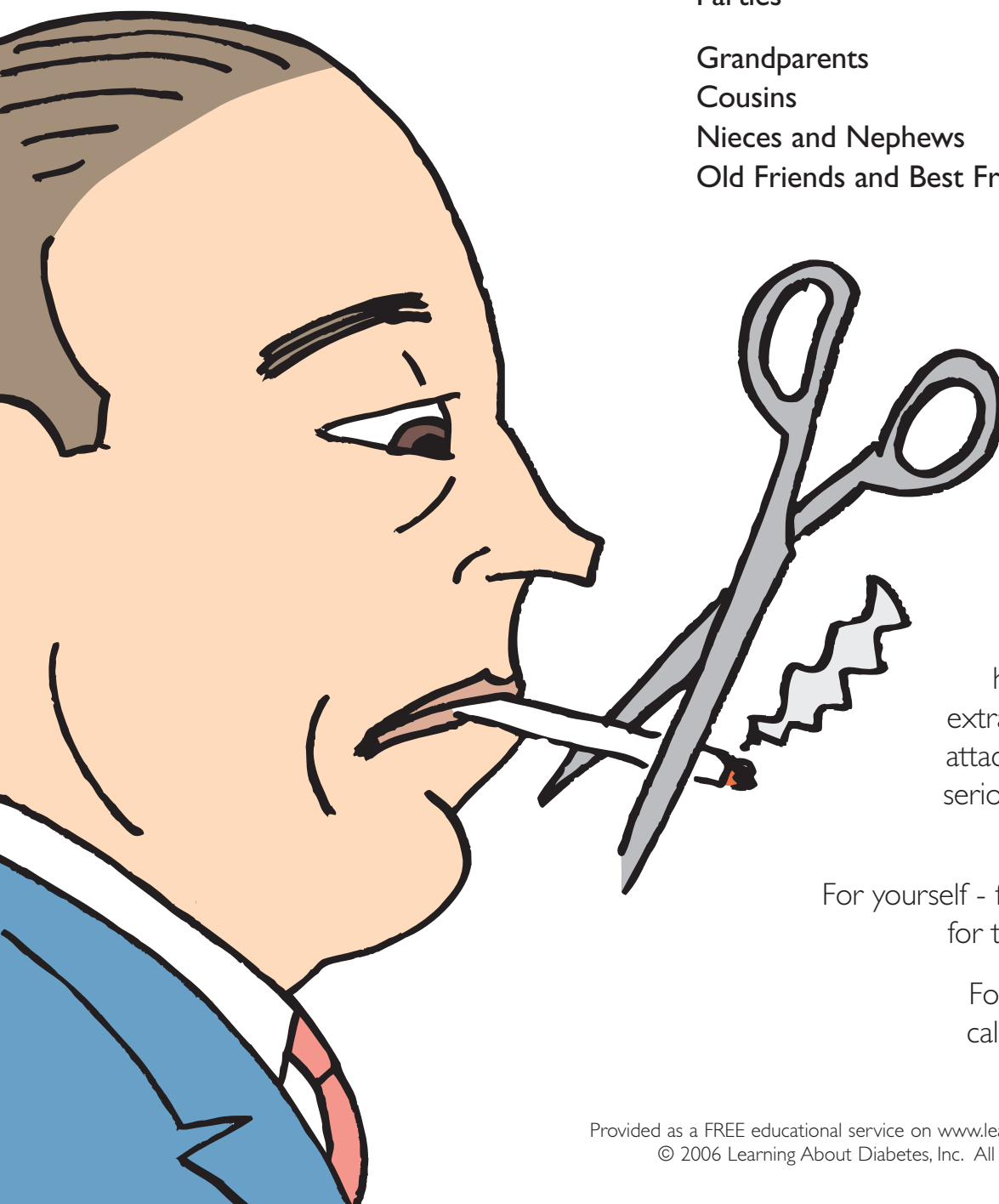
Parties

Grandparents

Cousins

Nieces and Nephews

Old Friends and Best Friends



Smokers who have diabetes are at extra-high risk for heart attack, stroke, and other serious health problems.

Quit smoking now!  
For yourself - for those you love -  
for those who love you.

For more information,  
call 1-800-QUITNOW.