

# DIABETES SUPPLIES

## HOW TO GET HELP

The cost of diabetes pills, insulin, a blood sugar meter or test strips can be a problem at times for almost everyone. If paying for your diabetes medicine or supplies is a problem, the first step is to talk to your doctor, nurse, or diabetes educator. They can often help.



Here is a list of some organizations (groups) that may also help, or can direct you to others who can help:

### Medicine, Meters, Test Strips, Supplies

*Medicare.* Parts A, B, and C offer many free benefits for people over 65. (800)633-4227  
[www.medicare.gov](http://www.medicare.gov)

*Medicaid.* A program for low income persons of all ages and the disabled. Each state has different rules for benefits. Contact your state health department. [www.cms.hhs.gov](http://www.cms.hhs.gov)

*State Programs.* Many states have their own programs to help you get diabetes medicines and supplies. Contact your state or local health department.

Patient Drug Assistance Programs  
American Diabetes Association  
(800)342-2383 [www.diabetes.org](http://www.diabetes.org)

Together Rx  
[www.togetherrxaccess.com](http://www.togetherrxaccess.com)  
(800)444-4106

Charles Ray III  
Diabetes Assoc., Inc.  
[www.CR3diabetes.org](http://www.CR3diabetes.org)

NeedyMeds  
(800)318-2596  
[www.needymeds.org](http://www.needymeds.org)

### Insulin Pump and Supplies

iPump.Org, Inc. [www.ipump.org](http://www.ipump.org)  
A doctor must request a pump.

### Finding Health Insurance

Adult Health Insurance Programs  
(800)318-2596  
[www.healthcare.gov](http://www.healthcare.gov)

Children's Health  
Insurance Program  
(800)318-2596  
[www.insurekidsnow.gov](http://www.insurekidsnow.gov)

The Patient Advocate Foundation  
Co-pay Relief Program  
(866)512-3861  
[www.copays.org](http://www.copays.org)

Other things you can do to save money or get help include:

- Ask your doctor if you can take a generic drug.
- Price shop at discount pharmacies, such as Wal-Mart and Costco.
- Search online at [www.slashdrugcosts.org](http://www.slashdrugcosts.org) or [www.pharmacychecker.com](http://www.pharmacychecker.com). Your local library has free computers and people who will help you use a computer.
- Ask your pharmacist for the name (and phone number, if they have it) of the company that makes your diabetes medicine or supplies. Then call the company and ask if they have a Patient Assistance Program.
- Ask your local community health center for help ([www.hrsa.gov/help](http://www.hrsa.gov/help)).

If you need help, start looking now. Taking care of your diabetes every day is important.

