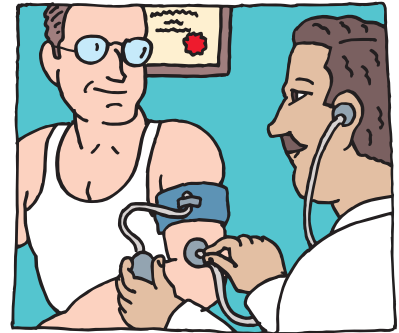


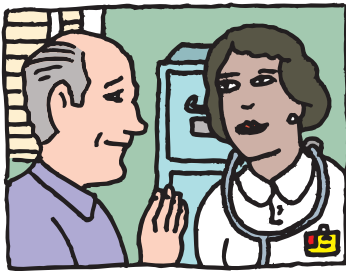
YOUR DIABETES CARE TEAM

More than one person may help you control your diabetes. The people who work with you may often be called your **Diabetes Care Team**. Knowing who these people are and what they do may help you when you visit the doctor's office, clinic, or hospital.

Doctor: Helps you develop your diabetes care plan. May take care of all your health care needs or only treat diabetes. A doctor with special training in treating people with diabetes is called an endocrinologist (en doe krin AHL uh jist).



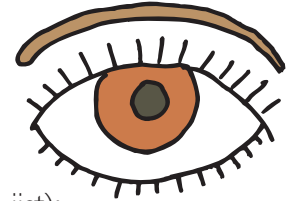
Diabetes Educator or Nurse: Your guide for good diabetes self-care. Teaches you how to control your blood sugar, use your meter, avoid high and low blood sugar problems, and much more.



Dietitian (die uh TISH un): Helps you create and follow a meal plan that is right for you.

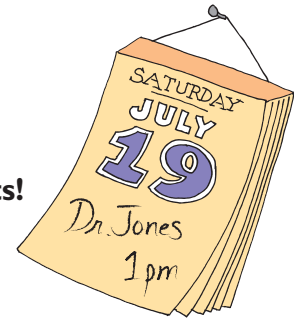
Pharmacist: Answers questions about your medicine. Fills your prescriptions.

Eye Doctor or Ophthalmologist (ahp tha MAHL uh jist): Checks your eyes to help you avoid problems. Treats eye disease.



Foot Doctor or Podiatrist (po DIE uh trist): Treats injuries of the foot. Trims toenails, if you cannot do it yourself.

Keep your appointments!
Your Diabetes Care Team is there to help.



Cut this out and save it to remind you of your appointments.

Appointment With	Date	Time