

DIABETES PILLS

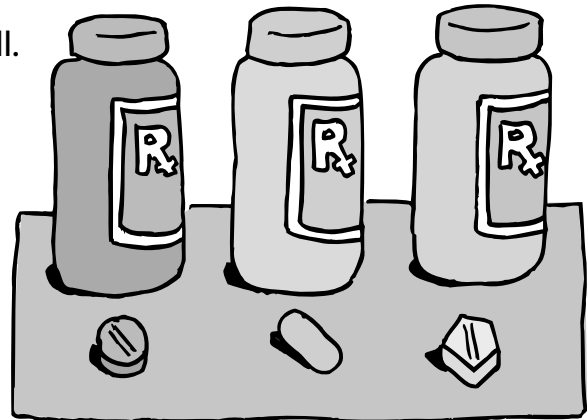
WHAT YOU NEED TO KNOW

Many people take diabetes pills to help lower their blood sugar. Diabetes pills only help people with Type 2 diabetes. People with type 1 diabetes must take insulin.

There are different types of diabetes pills or tablets. Many of them work in different ways. Some people take more than one diabetes pill.

Diabetes pills work best when you:

- Eat healthy foods in the right amounts
- Are physically active every day
- Avoid stress



Take your diabetes pills at the same time each day. Do not take more pills, or fewer pills, without talking to your doctor.

Some pills you keep taking if you are ill and some you do not. Call your doctor or health clinic if you are supposed to take diabetes pills when you are ill, but are too ill to take them.

ASK QUESTIONS.

Before you leave the doctor's office or clinic, be sure you know:

- How and when to take your diabetes pills
- If you should take your pills when you are ill
- What to do if you miss taking a diabetes pill